



Lent is a good time to think about the quality of your spiritual life. Do you think about God often ... or rarely? Do you pray often ... or occasionally? How well do you know the Bible? The Commandments? The Beatitudes? The lives of biblical heroes and heroines?

During Lent, commit to spending more time in prayer. Also consider selecting a book of the Bible or a particular Bible character to study in-depth during this period.

Some people give up particular items or habits during Lent. If used wisely, this discipline can help you abandon things that have been interfering with your relationship with God.

Seek out devotions and books that can help strengthen your spiritual life.



**SUNDAY, MARCH 6** 9:00 a.m. Come AZ U R Service 9:50 a.m. Sunday School 11:00 a.m. Traditional Service 6:00 p.m. Bro. Lauren's Bible Study 6:00 p.m. Youth **MONDAY, MARCH 7** 9-12 noon Methodist Market **TUESDAY, MARCH 8** 6:00 p.m. Ladies' Bible Study/Millie's WEDNESDAY, MARCH 9 5:00 p.m. Children's Choir 5:45 p.m. Planet 456 & Children's **Bible Study** 6:00 p.m. Chancel Choir 6:00 p.m. Bro. Lauren's Bible Study 6:00 p.m. Youth 6:15 p.m. Snack Supper **SATURDAY, MARCH 12** 9-12 noon Methodist Market





Ruth Blanche Phillips

Teresa & Emmett Burns Lynn Wood Eastland Mrs. Bruce Dent Crook

### J. T. Ketchum, Jr.

John & Freda Freeman Henry & Yolanda Coghlan Mr. & Mrs. Bill Rushing Mr. & Mrs. Charles Davis Mr. & Mrs. Michael Erickson Mr. & Mrs. Jim Oakes Jesse & Lou Wyatt

14. Garrett McClellan15. Melissa Gooch

Malinda Thompson

16. Julia Thompson

6. Mr. & Mrs. Tommy Woodard

#### **SUGGESTED DISCIPLINES FOR LENT 2021**

- 1. Instead of watching that television show which probably has no spiritual value, call some lonely, elderly, or sick person.
- 2. Write a daily or weekly note to encourage different persons during the Lenten season.
- 3. Look for positive attributes in your "sandpaper" person. Intentionally pray for those persons with whom you have problems or even ones whom you think may dislike you.
- 4. Surrender negative talk. Let your speech be soft and gentle. Cultivate a life of gratitude.
- 5. Sacrifice pleasure reading for spiritual reading. Spend more time reading the Bible. Learn to meditate on scriptures.
- 6. Commit scripture to memory. Memorize a verse or verses each day, week, or other established time frame.
- 7. Set aside quiet time with God!
- 8. Purchase only essentials for yourself. Give the money saved to someone in need or to some other Kingdom-of-God cause.
- 9. Discipline your eating habits. Eat for <u>fuel</u> and not for fun or pleasure. Omit inbetween-meal snacks.
- 10. Do a John Wesley fast one day a week. (This would be water only until 3:00 p.m.)
- 11. Do a partial fast (liquids only) for a day, two days, three days, or even a week.
- 12. Add some type of physical activity to your day/week.
- 13. Schedule fasting from cell phone use and social media sites such as Facebook, Twitter, Instagram, Snapchat, or other forms of social media.
- 14. All fasts should be accompanied by prayer, study, or service.
- 15. Volunteer your service where you discover needs such as Manna House or Boys & Girls Club.
- 16. Develop trigger points for prayer. For instance, say a prayer every time you brush your teeth, hear an ambulance, or check your email. Before you text someone, pray for them.

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#### **Sunday School**

This week marked the Season of Lent, and we will begin a new series in Sunday School **Jesus is Our Friend and Savior**. This Sunday our lesson, *Peace and Pain*, is about learning to be joyful in the midst of hatred and difficult times. Throughout our lives we will be faced with pain, suffering, and persecution. No one knows persecution and hatred more than Jesus. This lesson focuses on the words of Christ and His instructions on how to deal with personal struggles and trying times.

#### Sunday & Wednesday Night Group

As we begin the Season of Lent, the Youth have been challenged to take up a specific Daily Scripture Reading throughout the 46 days of Lent, in hopes of strengthening their personal spiritual walk.

Youth Bible Study will continue to meet each Sunday & Wednesday night. We will begin a new study called "Half-Truths." This study will tackle familiar sayings and phrases that may sometimes be confusing, even though they are used help us.

Wednesday Bible Study will focus on a movie discussion based off the movie *Radio*. We will discuss the topics of forgiveness, kindness, generosity, and making amends. We begin with Supper in the Fellowship Hall at 6:15 p.m.

#### **D-NOW**

D-NOW is this weekend, March 4-5<sup>th</sup> at First Baptist Church. Our theme for this year is *STRIVE*. Please be in prayer for our youth as they participate in this special weekend of community worship.

#### **Spring Break**

Several of our Youth will be leaving on March 13 for a Spring Break trip to Pigeon Forge, TN.

Group will meet on Wednesdays from 6:00 p.m. – 7:00 p.m.

Sunday Night Group will meet each Sunday from 6:00 p.m. – 7:00 p.m.





### Hiskidz and Bible in Life

This Sunday we will begin a new series. This Sunday we will be talking about the importance of the way Jesus told us how we handle difficult situations. He knows that we will face hard times and being treated wrong by others. He wants us to follow His way, and do what is right, even though it may be hard.

# W.O.W WEDNESDAY CHILDREN'S MINISTRY

W.O.W Wednesdays children's Bible Study will resume on Wednesday, March 9<sup>th</sup> at 5:15 p.m.

# BRANSON TRIP

Planet 456 children's group will be going to Branson the weekend of April 1-3. We will attend the Sight and Sound Production show "Jesus." This will be a great time for the children to see a live performance of many stories in the Bible.

## Volunteers serving Sunday, March 6, 2022

Greeters Acolytes Scripture Sermon **Flowers** 

Debra Batton/Millie Phillips Maddie Canard & Myla Wallace John 8:48-59 "The Great I Am" Dr. Walter & Marilyn Burnett

## **Daily Bible Readings**

#### MARCH

6. 2<sup>nd</sup> Sunday in Lent 7. Moses lifts up the serpent 8. Abraham saved through faith 9. God will renew the people 10. Water from the rock 11. The rock of our salvation

12. Reconciled to God by Christ's death

John 3:1-17

Numbers 21:4-9 Romans 4:6-13 Ezekiel 36:22-32 Exodus 17:1-7 Psalm 95 Romans 5:1-11